COOK WITH COLD

OLD TYME REFRIGERATOR RECIPES

COOK WITH COLD

OLD TYME REFRIGERATOR RECIPES

Edited by Carol Nagengast

Prepared in celebration of the 100-year anniversary of the founding of The American Society of Refrigerating Engineers



American Society of Heating, Refrigerating and Air-Conditioning Engineers, Inc.



ISBN 1-931862-46-X

Library of Congress Control Number: 2004104394

©2004 American Society of Heating, Refrigerating
and Air-Conditioning Engineers, Inc.
1791 Tullie Circle, N.E.
Atlanta, GA 30329
www.ashrae.org

All rights reserved.

Printed in the United States of America

Cover design by Tracy Becker. Cover image from the *Majestic Recipe Book*.

ASHRAE has compiled this publication with care, but ASHRAE does not warrant that the information in the publication is free of errors, and ASHRAE does not necessarily agree with any statement or opinion in this publication. The entire risk of the use of any information in this publication is assumed by the user.

No part of this book may be reproduced without permission in writing from ASHRAE, except by a reviewer who may quote brief passages or reproduce illustrations in a review with appropriate credit; nor may any part of this book be reproduced, stored in a retrieval system, or transmitted in any way or by any means—electronic, photocopying, recording, or other—without permission in writing from ASHRAE.

ASHRAE Staff

Special Publications

Mildred Geshwiler
Editor

Erin Howard
Assistant Editor

Christina Helms
Assistant Editor

Michshell Phillips
Secretary

Publishing Services

Barry Kurian
Manager

Jayne Jackson
Production Assistant

Publisher

W. Stephen Comstock

Contents

Introduction vii
Kelvinator 1
Frigidaire 7
Servel 13
Copeland 17
General Electric 23
Electrolux 29
Westinghouse 35
Majestic 41
Grunow 47
Crosley 55
Gibson 63
Norge 67



Introduction

This booklet of refrigerator recipes is being offered by the American Society of Heating, Refrigerating and Air-Conditioning Engineers (ASHRAE) to commemorate the centennial of the founding of The American Society of Refrigerating Engineers in 1905.

Beginning in the 1920s, refrigerator manufacturers promoted the usefulness of household refrigerators by offering booklets of recipes that required refrigeration as part of the preparation. There were dozens of different booklets compiled by many manufacturers. These booklets portrayed the modern idea that a refrigerator could be used for convenient entertaining of dinner guests. A wide variety of food could be prepared ahead and served at the appropriate time. This convenience was not possible before modern refrigeration.

Presented here is a compilation of recipes selected from the many refrigerator recipe booklets that were published, beginning in the early 1920s. None of the recipes has been altered, and they are presented as originally written. You will find that many of these old recipes are not as sweet and have a purer taste than the prepared foods we have grown accustomed to. When using your refrigerator to reproduce these recipes, keep in mind that today's refrigerators have lower freezer temperatures. To compensate for this, you may have to remove the food from the freezer about a half hour before serving so it will be soft enough to eat.

Many of the frozen recipes use a small amount of gelatin. Knox brand unflavored gelatin works well. In reading many of these old recipe books, I found that gelatin was used to prevent ice crystals from forming in the dessert as it froze.

As you prepare these foods, you may find it necessary to modify the recipes to your taste. Have fun. Cook with cold and enjoy life!